

BIOGRAPHY – VIOLET TATE, L.P.N.

At the age of 5, **Violet Tate** already knew she wanted to be a nurse. She realized she was called to want to help and nurture people in need, and nursing provided a way.

Though she kept her nursing dreams to herself, eventually she went to college and obtained a degree in nursing. For the next 15 years, she practiced nursing within a hospital setting; an experience that allowed her to strengthen her love and compassion for people *up-close*.

In time --*and after seeing repeat patients*-- she realized that instead of giving patients pills, finding other ways to offer healing might help them most. This coincided with an incident when one of her male patients was screaming desperately for help due to intense pain in his right knee. To calm this patient until the doctor arrived, she was called to gently place her hands on his knee. Within a short while, the patient stopped screaming and told her that his pain stopped. Astonished, that night she went home and researched healing touch. This search opened a window onto the field of Massage Therapy and Holistic Healing.

Soon after --*and while working as a nurse by day*-- at night she attended a school for Massage Therapy and Healing Touch. She obtained her new licenses and certifications and resigned from her nursing job. On December in the year 2000, she opened the doors of **The Natural Touch Day Spa** in Folsom, Louisiana.

Though financially risky for her --*as at first the spa tended to maybe 3 clients per week*-- presently, the spa has grown to serve more than 100 people weekly! Some of the services offered by Violet Tate and her team include medical massages, deep tissue massages, prenatal massage, neuromuscular therapy, trigger point therapy, myofascial release, reflexology, and lymphatics and other spa services including facials and more. Yet the work and mission of Violet Tate, now a successful business owner, community leader, and Licensed Practical Nurse [LPN], does not stop there.

As a longtime resident of **Franklinton, Louisiana**, she's come to understand that 31.3% of the population of her community live well below the poverty line; *including 41.3% of those under age 18*. So in 2021, she bought and restored a building in **Franklinton** with the mission of giving back to her community by uplifting those in need due to continuing socioeconomic disparities. From this building, Mrs. Violet, her husband Pastor Cecealins Tate, and committed members of the community [including teachers], provide food, school supplies, and diverse programs and services so that those in need may prosper. These are the events that led to the founding of the **Franklinton Community Family Center [FCFC]**.

The **FCFC** was founded by Violet Tate with the vision of sustainably providing educational programing and other social services to uplift these members of the community. These services target the cultivation and empowerment of personal and economic growth for individuals. The organization's tagline reads, "**Building Tomorrow's Leaders, Today.**"

Mrs. Violet's stated goals for the center involve "**higher high school and college graduation rates for its youth; helping adults and elders to navigate new technologies; more confident job seekers; creating a safe space for families to grow together; and therefore creating a more positive and lasting influence in the community of Franklinton.**"